

# **BELLVS AESTHETICS AND WEIGHT LOSS**

## **IPL LASER PRE-TREATMENT PROCEDURE**

Before beginning IPL treatments it is mandatory that the skin to be treated has been protected from the sun either from avoidance of sun exposure or **adequate use of sunscreen (SPF 30 or higher) for at least two weeks prior to treatment.** Additionally, **the use of tanning beds and selftanning products should be discontinued for weeks** prior to treatment and throughout the course of treatment. If the intended treatment site is over-exposed to the sun, **IPL can not be performed at that time in order to avoid complications.**

If you have a **history of herpes breakouts (cold sores) in the area of treatment, an anti-viral prophylactic treatment may be indicated.** Please let us know if you have ever had cold sores. **Please wait at least one week after Botox injections and two weeks after injectable fillers before having an IPL treatment. Additionally, the use of retinoids (Retin A), glycolics or any type of topical creams/medications that irritate the skin should be discontinued one week prior to beginning treatments and throughout the course of treatment.** The initial series consists of three to four treatments which are spaced 2 to 4 weeks apart. After the initial series, maintenance usually consists of one treatment every 6 to 12 months although this time increment may vary with different skin conditions.